

Welcome to Woodhall Wheelers

Thank you for expressing an interest in, or joining, Woodhall Wheelers. All the important information about the club can be found on our website:

Woodhall Wheelers Homepage

The club is affiliated to British Cycling primarily for administration and insurance purposes; British Cycling maintain our member database and collect our club subscriptions. Membership of Woodhall Wheelers does not make you a member of British Cycling or vice versa. To ride with Woodhall Wheelers you must complete and submit the club's <u>registration form</u>; upon receipt of your form your details will be entered in the British Cycling database. After your first 3 guest rides with the club you must join the club to continue riding with us; you can pay your subscription via the following link:

WW Buy Membership

Club Rides - the club currently organises up to 4 rides per week and details of forthcoming rides can always be found in the ride diary:

WW Ride Diary

Tuesday & Saturday are social rides aimed at encouraging new riders to join and are tailored to who turns up - they can be as short or as long as you like but the target is around 25 - 30 miles at around 15 - 16mph often with a coffee stop

Thursday rides are normally 35 - 45 miles, with a coffee stop, at an average 15 - 17 mph.

Sunday rides are usually in excess of 40 miles and often venture into the Wolds – pace varies according to the terrain and conditions but is the range 15 – 17.5 mph. Coffee stops are normally included.

Mini-tours are fund raising rides are occasionally organised so look out for details in the ride diary of the club's WhatsApp group

Rides start from:

Jubilee Park Café, 9am, 1 Mar - 30 Nov Woodlands Café, 10am, 1 Dec - 28/29 Feb **Café Stops** – a map displaying all the Cafes used by the club is posted on the website. Our favourites are JJs, Wold Newton, and Jossals.

Recording your Ride - there is no requirement to record your ride, however, most members do and use Strava; you can request to join the club's Strava page at:

WW Strava

If you use Strava, please review the privacy settings and allow other club members to view your rides and to see you on flybys.

Ride Updates - ride updates are primarily posted on WhatsApp - the app was adopted at the 2018 AGM as the preferred method of communication between club members. When you join, you will be added to the Woodhall Wheelers WhatsApp group if you wish.

Club Kit - is supplied by Ellmore. Kit can be ordered through the website; currently 3 orders a year are placed with the club paying delivery charges. Kit sizing is always tricky so it is best to try before ordering.

WW Club Kit

Cycling Gear - there are many websites offering cycling gear but you might like to try the following site that does a lot of the searching for you - daily deals.

Cycling Gear Daily Deals

Club Policies – every organisation has rules and Woodhall Wheelers is no different; club policies are at:

WW Club Policies

In Case of Emergency - club members are required to make use of the ICE facility on their mobile phones. Members are strongly advised to add the app 'what3words' to their phones - the app recognised by the emergency services generates three words which pinpoint your position to a 3m square. Additionally, members are encouraged to install the first aid apps: Red Cross and/or St John Ambulance. Both give useful guidance and perhaps confidence is you are dealing with a situation alone in a remote location

Publicity & Photography - club members are welcome to take photographs and videos during club rides and they may be used for publicity purposes. Live video streaming is not permitted. If you do not wish to appear in club photographs or videos please let the Treasurer/Sec know.

GDPR - your details are held on the British Cycling website for access by club officials. Additionally, hard copy of your emergency contact details are held by the Club Sec but will be securely destroyed when your membership lapses.

Cycling Insurance - Club officials are covered by affiliation to British Cycling for club activities but members are not covered individually. Both British Cycling and Cycling UK offer suitable 3rd party cover policies as part of membership; there are others providers on the market, the choice is yours. Insurance is advisable but not compulsory.

Social evenings - several social evenings are organised each year.

AGM - the club AGM is held annually in October and the minutes of all meetings can be found on our website.

Further Information - if you require further information please e-mail:

enquiries@woodhallwheelers.co.uk

Love to cycle